

## Additional Information

1. Cookbook Resource--"Cooking Made Easy," a cookbook for people with developmental disabilities. The recipes are broken down into detailed, easy to understand steps. The website contains additional information: [www.cookingmadeeasy.org](http://www.cookingmadeeasy.org) The author may be e-mailed at [eileen@cookingmadeeasy.org](mailto:eileen@cookingmadeeasy.org). You may request a flyer and/or an order form by contacting:

Eileen Laird  
P.O. Box 2117  
Boone, NC 28607

2. Bridges4Kids!--a community of partners coming together to provide a circle of support for all children from birth to adult life, with a special focus on those who have disabilities, special needs, or who are at-risk. One of the main goals of their website is to provide as much timely, useful information as possible to parents and professionals regarding parenting concerns, child development, children with special needs, disabilities, and those who are at-risk. Website: [www.bridges4kids.org](http://www.bridges4kids.org).

3. Access Ingenuity--a leader in the development of effective access solutions for people with disabilities. AI carries a wide variety of assistive technology devices and products to help people with disabilities maintain their independence. Website: [www.accessingenuity.com](http://www.accessingenuity.com).

4. Special Olympics North Carolina--provides sports training and athletic competition for children and adults with intellectual disabilities in a variety of Olympic-type sports, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community. Visit their website: [www.sonc.net](http://www.sonc.net) or call 919-719-7662 for more information.